

# Supporting SEMH - Social, Emotional and Mental Health

Key Aspects of SEMH:

Social difficulties

Emotional difficulties

Mental Health difficulties

Common behaviours associated with SEMH:

Importance of addressing SEMH needs:

Inclusive Education

Early intervention

Positive outcomes

Wellbeing

Examples of SEMH Support:

If a child has Autism or a learning disability:

Starfish

Mencap

The National Autistic Society

For more information visit <https://semh.co.uk>

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