

# Explorers Summer Programme



2026



Outdoor adventure games, arts and crafts workshops, nature exploration & scavenger hunts



[www.autismexplorersnorwich.com](http://www.autismexplorersnorwich.com)

# Week One

WC 20/07/2026

Summer holidays begin July 20<sup>th</sup> 2026  
and we have put together some fun  
activities for a variety of ages!

Thursday

**Open Day!**

Friday

**Family  
Workshop  
ice cream**



Saturday

**Sensory  
Saturday  
Beside the  
Sea!**

Sunday

**Find us at  
Hemsby Fun  
Day!**

# Week two

wc 27/07/2026

Monday

Mini  
explorers  
lulu Norfolk  
collab

Friday

Holiday Club!



Saturday

Sensory  
Saturday Fairy  
Tales

Sunday

Creative  
Explorers  
rock Painting

## Free activities in Norfolk

- City of Stories Trail
- National trust's summer of play
- Norwich Cathedral
- Lord Mayors weekend
- Norfolk coast

## What else is on in July?

- July 2<sup>nd</sup> Find us at Costessy Primary SENfest
- July 19<sup>th</sup> Find us at Stalham Artisan Fair
- Autism Explorers Sponsored read!
- July 23<sup>rd</sup> Autism Explorers Open Day!



# week three

wc 03/08/2026



Monday

Holiday Club

Friday

Family  
workshop  
sensory soap

Saturday

Sensory Saturday  
islands

# week four

wc 10/08/2026

Thursday

Pre loved  
fundraiser

Friday

Holiday club

Saturday

Sensory  
Saturday  
Life on mars!

Sunday

Creative  
Explorers Wind  
chimes



# week five

wc 17/08/2026

Monday

Mini  
monsters and  
bug hotels!

Thursday

Holiday Club

Friday

Juicing  
Family  
workshop

Saturday

Sensory  
Saturday deep  
sea diving!



# week six

wc 24/08/2026

Monday

Holiday Club

Thursday

Explorers  
Fest!

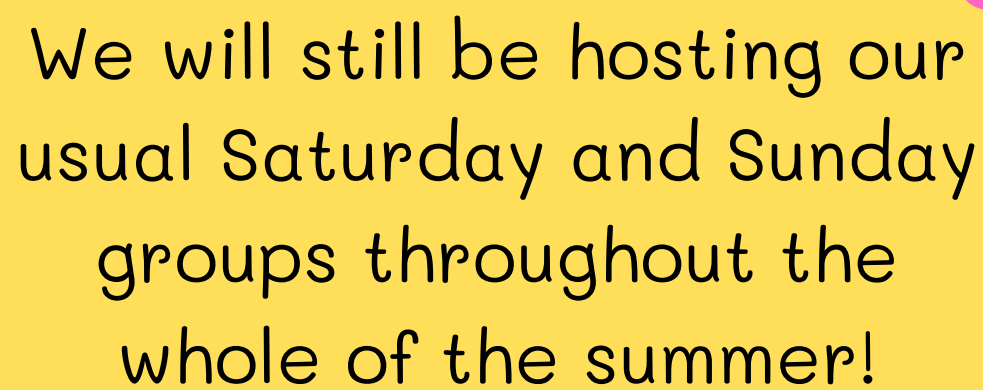


Saturday

Sensory  
Saturday  
Colours

Sunday

Creative  
explorers  
Sand art



We will still be hosting our usual Saturday and Sunday groups throughout the whole of the summer!



## Other events

August 13<sup>th</sup> Pre Loved Sale  
Fundraiser

Keep you eye out for free  
meet ups across Norfolk!

August 12<sup>th</sup> Whitlingham  
Country Park Teddy

Bears Picnic

Keep your eyes peeled for  
surprise trips!



# Norfolk Splash Pads

- Roar Dinosaur Park
- Gorleston on sea
- Waterloo Park
- Alton water park

## Free and £1 meal schemes

- Asda
- Morrisons
- Bella Italia
- Zacs
- Burger King
- Ikea
- Cafe Rouge
- Real Greek

## Inclusive Play

- Townies Hemsby
- Banham Zoo
- Bewilderwood
- Thetford Forest
- Play Barn

