

AUTISM EXPLORERS



PARTY BROCHURE

Where every child can celebrate!

Sensory-considerate birthday parties designed for autistic and neurodivergent children.

WHAT MAKES OUR PARTIES DIFFERENT?



Many traditional parties and venues are loud, unpredictable, and overstimulating, which can lead to stress instead of celebration.

At Autism Explorers Parties, we do things differently.

We truly understand SEND.

Our parties carefully and thoughtfully designed for neurodivergent explorers who may experience:

- Sensory sensitivities (Lights, Sounds, etc.)
- Social anxiety
- Difficulty with transitions
- Communication differences
- Need for routines and predictability

We don't just 'accommodate', we intentionally design around your child's needs.



PARENT & CARER SUPPORT

Our goal is to make the experience comfortable, predictable, and enjoyable for both children and the adults supporting them.

We work closely with parents and carers to ensure every celebration feels safe, inclusive, and pressure-free.



PRE-PARTY SUPPORT

We help families prepare so the day feels familiar and predictable.

We can provide:

- Pre-party walkthroughs of the venue
- Social stories to prepare the birthday child
- Visual schedules explaining the party flow
- Planning calls or emails to discuss individual needs
- Advice on managing sensory triggers

This helps children know what to expect and reduces anxiety before the event.

PARTY PACKAGES

Mini Explorers Party

Up to 6 children
1.5 hours of partying
4 activities
From £80

Adventure Party

Up to 8 children
2 hours of partying
5 activities
From £120

Ultimate Exploration Party

Up to 12 children
2 hours of partying
7 activities
From £180

Can't find the package that's right for you?
Get in touch with us today for a
bespoke party package!



PARTY ADD-ON'S

Extra Explorer
£5 per child

Additional Party Time
£50 per hour

Sensory Aid Box Hire £10
(Ear Defenders, Fidget Toys,
Weighted Pad/Toy)

Party:

Bags £2.50 per
Buffet from £20
Decorations from £15

Luxury Party:

Bags £6 per
Buffet from £45
Decorations from £35



THEMES

Here are some themes we have provided in the past to give you some inspiration!

Outer Space
Dinosaurs
Princess
Under the Sea
STEM



Jungle



Marvel

Fairytale & Magic



Pirates



ACTIVITIES

Messy Play

- Oobleck
- Water Play
- Slime
- Kinetic Sand
- Play Dough
- Potions

Colouring



Arts & Crafts

- Wooden Craft
- Colouring
- Diamon Art
- Painting



Dress Up

Dry Play

- Rice Or Pasta Tray
- Small World Play
- Pretend Play / Role Play
- Dress Up

Movement

- Trampoline
- Spining Chairs
- Stepping Stones
- Ball Pit
- Peanut Ball
- Obstacle Course

The possibilities of
play are endless!

LET'S CREATE A
CELEBRATION
YOUR CHILD WILL LOVE!



Autism Explorers provides calm, inclusive birthday parties designed especially for autistic and sensory-sensitive children.

BOOK YOUR PARTY TODAY!

Email: helloautismexplorers@gmail.com

Phone: 07557220309

Website: www.autismexplorersnorwich.com